



November 2026

Woburn Middle & High School Free Breakfast & Lunch For All Students

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
2 <u>Rice Bowl</u> <u>Grilled Chicken Fajita</u> Regular or Spicy White Rice, Corn, Black Beans, Edamame, Shredded Cheddar Cheese Guacamole, Pico Di Gio Sriracha Mayo Sauce	3 Election Day	4 <u>Steak & Cheese</u> <u>Sub Or</u> <u>Vegetarian</u> <u>Meatball Sub</u> Green Pepper Strips Spicy Waffle Fries Sweet Pineapple	5 <u>Oven Baked Chicken</u> Creamy Mash Potato & <u>Gravy</u> Sweet Corn <u>Or Plant Based</u> <u>Chicken Nuggets</u> Fresh Plums	6 <u>Fresh BLT on</u> <u>Croissant</u> Crispy Bacon, Crispy Lettuce, Sweet Tomato & Mayo on the Side Spicy Waffle Fries Fresh Pineapple	All Students Eat Breakfast & Lunch Free! 2nd Meals or Snacks are extra please make payments online Everyday: -Pizza -Made to order Subs -Chicken Patty -Spicy Patty -Chicken Nuggets -Cheeseburger -Hot Dog -Pizza Sticks -Pre-made Salads -Parfaits -Nacho's W/all the fixings
9 <u>New</u> <u>Pasta Bar</u> <u>Choice of Pasta, Ravioli</u> <u>Choice of Sauce,</u> <u>Cheese or Alfredo</u> <u>Choice of Protein and</u> <u>Vegetable</u>	10 <u>LTO</u> <u>Pepperoni Calzone</u> <u>With Pizza Ranch</u> Flaky Biscuit Dough, filled with Ricotta, Mozzarella, Parmesan, Pepperoni, and Italian Seasoning Enjoy!!	11 Veterans Day	12 <u>LTO</u> <u>Pepperoni Calzone</u> <u>With Pizza Ranch</u> Flaky Biscuit Dough, filled with Ricotta, Mozzarella, Parmesan, Pepperoni, and Italian Seasoning Enjoy!!	13 <u>Double Bacon</u> <u>Cheeseburger Sub</u> <u>With Lettuce,</u> <u>Tomato and Pickle</u> <u>Vegetarian Meatball</u> <u>Sub</u> Green Pepper Strips	
16 <u>Rice Bowl</u> <u>Grilled Chicken Fajita</u> Regular or Spicy White Rice, Corn, Black Beans, Edamame, Shredded Cheddar Cheese Guacamole, Pico Di Gio Sriracha Mayo Sauce	17 <u>Cheese Quesadilla or</u> <u>Chicken Quesadilla</u> <u>Salsa & Sour Cream</u> Green Pepper Strips Carrot/Celery Sticks Juicy Pineapple	18 <u>Nacho's W/Beef</u> or <u>Vegetarian</u> <u>Sausage Crumbles</u> <u>& Cheese Sauce</u> Salsa & Black Beans Carrot/Celery Sticks Sweet Clementine	19 <u>French Toast</u> <u>W/Chicken Sausage</u> <u>Vegetarian Chicken</u> <u>Sausage</u> Oven Baked Puffs Carrot/Celery Juicy Grapes Fresh Apple	20 <u>Steak & Cheese</u> <u>Sub Or</u> <u>Vegetarian</u> <u>Meatball Sub</u> Green Pepper Strips Spicy Waffle Fries Sweet Pineapple	
23 <u>New</u> <u>Pasta Bar</u> <u>Choice of Pasta,</u> <u>Ravioli Choice of</u> <u>Sauce, Cheese or</u> <u>Alfredo</u> <u>Choice of Protein</u> <u>and Vegetable</u>	24 <u>Friends Giving!!</u> Roasted Turkey W/Creamy Mash Potatoes, Gravy, Sweet Corn and Cranberry Sauce	25 <u>½ Day</u> <u>Grab and Go</u>	26 Happy Thanksgiving	27 Thanksgiving Break	
30 <u>Rice Bowl</u> <u>Grilled Chicken Fajita</u> Regular or Spicy White Rice, Corn, Black Beans, Edamame, Shredded Cheddar Cheese Guacamole, Pico Di Gio Sriracha Mayo Sauce					

This institution is an equal opportunity provider

All New! Breakfast For All!!!

All students are offered a **Free Breakfast Bag** upon entering School, they will have an option of three choices each day. (Cereal, Cereal Bars Granola Bars, Nutri Grain Bars). Please encourage your child to grab a bag on the way to class.

***Already had breakfast?**

No worry save it for After School

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Menus are subject to
change without notice.

